

THE MINSTEAD ENQUIRER

ISSUE NO 2 / APRIL 2025



ROAD TRIP

**Matt, Liam and Kevin
take a trip to Hanger Farm**



ASTEROIDS

Fascinating out-of-this-world facts!

A DAY AT THE RACES

Fond memories of Fontwell and Goodwood



GREEN FINGERS

Raising sunflowers for sale

HEALTHY COOKING

Simple food for daily life



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Meet the news team

Richard, Robert, Lucy, Silas and David

WELCOME TO OUR SPRING SPECIAL

WE HAVE BEEN writing our newspaper 'The Minstead Enquirer' each month for two years.

This is our second special seasonal edition and it is full of articles we have written about things we love and find interesting.

We hope you enjoy reading The Enquirer as much as we love writing it.

The News Team

FUN IN THE THEATRE

By Richard



I am in the Blue Apple Theatre group on a Wednesday morning. We meet at Hanger Farm in Totton.

The last production was Annie. We had to pretend to scrub the floor while the song 'It's a hard knock life' was being played, then we jumped to our feet and danced.

Being in the show made me feel happy, but it also made me feel a bit nervous, especially as we were getting closer to the day of the show.



These pictures are me practicing the dance moves for the Annie song.

Find out more about Hanger Farm Community Theatre and how to join at www.hangerfarm.co.uk/community-theatre



TAKING GRANDAD TO FONTWELL AND GOODWOOD RACES

By Robert



WHEN I WAS YOUNGER my mum, dad and me would take grandad to the horse racing at Fontwell Park. When I stayed with my nan and grandad, we walked to Fontwell from their house. The walk would take us about ten minutes.

My grandad was a horse racing fan with an amazing knowledge of all the horses and jockeys. This is where I found my love for horse racing. My grandad taught me a lot about horses, horse racing and jockeys.

My grandad, my dad and me have shared a love of horses and horse racing for most of my life. We also took grandad and nan to the Goodwood races. We took a picnic upon Trundle Hill. We had flasks of hot tea and coffee and nan made

sausage rolls, she made them homemade. There was a tote, so grandad could have a bit of a bet. It was Goodwood's biggest race meeting of their season. They call it Glorious Goodwood, it's in July every

year. The weather was beautiful. My grandad and me wore Panama hats. My mum and nan also had pretty hats on. I have happy memories of nan and grandad. I always remember the time I went to stay with them.



LEARN MAKATON WITH US

Simple signs for the things we do.

TO SEW (1)		Sewing by hand	TO PLAY		
TO SEW (2)		Sewing by machine	TO KNOW		
TO COOK (1)			TO THINK		Small circular movement on temple
TO COOK (2)			TO WORK		Repeated sawing movement on knuckles of other hand
TO COOK (3)			TO READ		Move book slightly from side to side

ELVIS PRESLEY TRIBUTE ACT AT HANGER FARM

Interview by Richard and Lucy



RICHARD: What did you think about the Elvis tribute act?

MATT: It was really good and entertaining.

LIAM: Yeah, it was good fun.

KEVIN: It was good.

LUCY: How did you get to the show?

MATT: We went by car, staff drove us.

LIAM: We went in the small car.

KEVIN: We went in the grey Hyundai.

RICHARD: Did you get one of the flowers that Elvis threw into the audience?

MATT: Yes I caught a blue garland made from flowers.

LIAM: I got a garland of flowers all different colours.

KEVIN: Yes I got a garland, different colours.

LUCY: Was it busy?

MATT: Yes it was very busy with lots of Elvis fans there.

LIAM: It was packed out, there were a lot of people.

KEVIN: It was absolutely packed, we sat in the front seats, it was better at the front.

LUCY: Are you an Elvis Presley fan?

MATT: Yes I am, because I have an Elvis voice within me.

LIAM: I'm not an Elvis fan but I did enjoy the show.

KEVIN: I like Elvis but I don't know all the movements.

RICHARD: How much did it cost to see the show?

MATT: Can't remember how much.

LIAM: I think it cost ten pounds.

KEVIN: We were in credit from when it was postponed in the past.

RICHARD: How long was the show?

MATT: The show was two hours long, it started at seven and finished at nine, my bedtime.

LIAM: It was quite a long show, there was an interval, you could go and get drinks and snacks.

KEVIN: Two and a half hours, with a break half way through. We could get a drink.

LUCY: Who went to the show with you?

MATT: Kevin S, Liam D and we saw Richard C there with his mother. I couldn't stop singing Elvis songs when we were waiting to go into the show.

LIAM: Matt F, Jon D, Keiren C, Kevin S and we saw Richard C there.

KEVIN: Andy from supported living took us.

LUCY: What is your favourite Elvis Presley song?

MATT: Actually it is, 'I can't help falling in love with you.'

Liam: I haven't got a favourite Elvis song really.

KEVIN: I like 'Don't Cry Daddy.'



Matt meets Elvis at Hanger Farm.



SNOZZAL WOZZAL MAXIMUS TO THE RESCUE

A performing arts / news group production



IT WAS LATE morning on the 14th August 2024, when workers in the vegetable gardens at Minstead Lodge were taken by surprise. The sky turned as dark as the ebony keys on Beethoven's piano. The light eclipsed by a creature from mythology, circling above. Landing amongst the lettuce and beetroot crop, the leviathan of the sky, announcing its arrival with a piercing "Ca Caw, Ca Caw!" First to notice was Mr Sean L. "Look everyone," he

shouted. "What the heck is that?" The creature's powerful talons ploughing the soil, uprooting lettuce, beetroot and carrot, with no consideration for the hard work that had been spent by the gardeners in nurturing the crops to fruition.

A large crowd had soon gathered, looking and pointing in amazement and maybe a little fear. "Ca Caw, Ca Caw." The creature cried out, everyone jumping back a metre in surprise.

"Don't be afraid," said Gemma. "That's an adult Snozzal Wozzal bird!! saw it on 'The Natural Wonders' documentary last Thursday. It must be looking for its chick!" "Ca Caw, Ca Caw," cried out the bird as if in agreement with Gemma. "I know where the chick has been living," said Matt P. "It's been living in the shrubs by the Turkey Oak, it's been there since last April."



Reunited and it feels so good

Adam H disappeared in a flash, only to return in the flickering of an eye. In his loving arms, a Snozzal Wozzal chick. Cautiously, Adam approached the parent bird, offering the chick. “Ca Caw, Ca Caw,” the chick sang out in joy. “Ca Caw, Ca Caw,” replied the parent. There was no longer the feeling of fear in the air. The mood had changed to one of joy, over the reunion of a child with its parent. Through learning about looking after the animals in animal care to the propagation and care of plants, we have learnt the value of everything and everyone. Just like the parent Snozzal Wozzal, we will not give up caring and sharing with each other.

So we say goodbye to our Snozzal Wozzal chick, it has been wonderful looking after her since she arrived here in the springtime, but now she’s to return with her parent to their island home of Tuvalu, pronounced - [too-vuh-loo.] Have a safe flight, please come back and visit us anytime.

“Oh for goodness sake,” said Simeon. “I’ve just spotted Andy C in the distance. Yeah that’s right, the one in the “Yellow” shirt. I’ve never seen him move so fast.”

Cast in order of appearance:

Robbie K, Sean L, Simeon H, Gemma L, Matt P, Adam H, Krzysztof S, Trish H, Helen R and Andy C.

**WARNING! WARNING!
This is fake news.**



DAVID LOVES TO LOOK AFTER THE SUNFLOWERS AT FURZEY NURSERY

Last year, David watched these dwarf sunflowers grow from seed and pricked them out when they were small seedlings. They provided cheerful colour at the nursery and proved popular with customers in Furzey Gardens.

There will be lots more plants for sale at Furzey for visitors this spring and summer.



VISIT FURZEY GARDENS!

Beautiful garden and tea rooms tended by gardeners with learning disabilities like David, open every day.

www.furzey-gardens.org

HEALTHY COOKING

Beans on toast

Sometimes the simple things are the best.

BEANS ON TOAST contain ingredients from all of the food groups. Carbs from the bread, give our bodies fuel and energy. Protein, fibre and vitamins from the beans, proteins are good for growing and repairing our bodies. Vitamins help with our immune system and strengthens our resistance to infections and viruses. Fibre helps our gut retain water and is good for transitioning the digested food. Fat from the butter or olive spread. Fat helps deliver nutrients from the food around our bodies.

Spice up your beans by chopping some garlic, a little chili and some onion. Lightly fry these off in a little olive oil, then add the beans to the pot. Towards the end of cooking add some halved cherry tomatoes. Gemma says, "I can make the toast myself, but I like to have some support with heating the beans. I think beans on toast is good for me. They are tasty."

Lisa says, "Beans on toast are nice. They are quick and simple to make."



Gemma serves up



Lisa cooks the beans



Sean says,

"I liked making the beans on toast, they tasted nice. I like to have support to make the toast and with heating the beans. I am learning how to do this myself. I thought it was good making beans on toast."



Liam says

"I like cooking. I can make the toast myself, I can heat the beans myself. Adding the garlic and onions made it even tastier. I love garlic. I think it's a better evening snack than biscuits or crisps. It is important to clear up after yourself."

2024 USA ELECTIONS

By Silas



Picture © Gage Skidmore, Creative Commons Attribution-Share Alike 2.0 Generic.

JD Vance, Vice President.



Picture © Liam Enea, Creative Commons Attribution-Share Alike 2.0 Generic.

Donald Trump, President.

On November 5th 2024 The United States of America had their presidential elections. The media and American polls were forecasting a close result. The candidates needed 270 seats to win the election.

2024 US election results.

- Ex President Donald J Trump, Republican Party 312 seats.
- Vice President Kamala Harris, Democratic Party 226 seats.
- Jill Stein, Green Party 0 seats.
- Robert Kennedy, Independent 0 seats.

Ex President Donald J Trump is now President for the second time and was sworn in as the President of the United States of America on the 20th January 2025.

ASTEROIDS

By David



IT IS A widely held belief that life started on earth by frequent asteroid [meteorite] impacts. Bacteria [microbial] life is believed to have been found in the meteorite, this theory is panspermia. An asteroid wiped out the dinosaurs (terrible lizard) at the end of the cretaceous period 66 million years ago in Mexico's Yucatan peninsula. Asteroids have featured in Hollywood disaster films such as Armageddon [1998] starring Bruce Willis.

There are three types of asteroids:

- Carbonaceous [type C]
- Metallic [type M]
- Siliceous [type S].

[M type] asteroids contains metal such as gold, nickel, iron, platinum, palladium, rhodium in higher concentrations found on earth. It is estimated that 16 Psyche asteroid is worth up to \$10,000 quadrillion dollars. 16 Psyche asteroid is mostly iron and nickel.

At 7.17am 30th June 1908, a meteor flattened a entire forest in Siberia. This event was known as the Tunguska event. The cause of the Tunguska event was a meteor air burst.

In September 2022, NASA successfully sent DART Double Redirection Test spacecraft into Dimorphic asteroid to alter its trajectory. LICA-light Italian CubeSat for imaging spacecraft had a flyby of its moon Didymos.

Apophis asteroid is due on April 7th 2029 possibly an impact on earth. Apophis is from Egyptian mythology named after the evil snake who tried to devour the sun every night. Psyche spacecraft will orbit 16 Psyche asteroid from August 2029 as part of NASA's discovery program.

International Asteroid Day is an annual global day held at the UN United Nations headquarters in New York, calling for awareness on the potential asteroids [meteorite] impacts on earth. International Asteroid Day is on 30th June.

Torino scale is a method for categorising near earth objects [NEO]. Torino scale threat level: No hazard [white] Normal [green] Meriting attention by astronomers [yellow] Certain collisions [red].

Did you know?

Apophis asteroid is wider than both the Empire state building and the Eiffel tower combined.

Did you know?

16 Psyche asteroid could make everyone a multimillionaire in terms of its metals content.





REASONS WHY I LOVE MAKEUP

Selfies and article by Lucy



THINK MAKEUP makes me look pretty, glamorous and like a princess. I like false lashes, eye shadow, eye liner, lip gloss, lipstick, foundation and false nails. I watch makeup tutorials on YouTube. I'm getting quicker at putting my make up on. My favourite colour lipstick is red because it makes me feel and look elegant. I wear makeup whenever I feel like it, because I just like to see myself in makeup.



I buy my makeup from Superdrug and Shein. I think it is personal choice for a person to wear makeup, it is made for anybody. I sometimes dye my hair myself.

M.A.C cosmetics are my favourite brand, it is quite expensive though. You can buy M.A.C in John Lewis in Southampton. Makeup is the best thing ever. I love covering my face in makeup. I take my makeup with me, when I go out and about. (Just my lipstick.)



‘I wear makeup whenever I feel like it, because I just like to see myself in makeup.’

ENJOYED OUR NEWSPAPER? SUPPORT US!

We hope you enjoyed reading our newspaper and seeing what can be achieved by people like us when we are given a chance.

Here are three ways you could support us if you would like to.

1 DONATE TO OUR SHOW GARDEN!

In May we are taking a show garden to BBC Gardeners' World Live in Beaulieu. We are raising money for the garden now – could you help? It's a great way for us to show people our gardening skills that we learn at Furzey Gardens.

You can donate any amount at
www.minsteadtrust.org.uk/donate

2 INVITE THE NEWS TEAM TO COVER A STORY

Do you have an interesting story for us? Perhaps you own a business or run a group we could visit? We would love to do more reporting on local things.

Just email us via
marketing@minsteadtrust.org.uk
and you could be in the next edition!

3 PUT AN ADVERT IN OUR NEXT SPECIAL EDITION

We have space for businesses to put adverts in our next Enquirer, you would be supporting us to be journalists and raise money for the Enquirer.

To find out more just email
marketing@minsteadtrust.org.uk



Show garden plan



www.minsteadtrust.org.uk



Produced
with the kind
support of

