

# Do you support an adult with learning disabilities?

Have your say and find out more about learning disability services

If you are based in Bournemouth, Poole or Christchurch we can help you:

- Find out more about available services and support
- Share experiences and get advice from other family carers
- Give your views to the council and NHS
- Be part of improving services for adults with learning disabilities and their families
- At coffee mornings, one-to-one, email or online



Contact Sini Lucas, Carers Representation Coordinator to find out more:

Sini.Lucas@minsteadtrust.org.uk or call 07586 717228

[www.minsteadtrust.org.uk/carers](http://www.minsteadtrust.org.uk/carers)